

OCTOBER 2022





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| 3 | 4 | 5 | 6 | 7 |
|---|--|---|---|--|
| 10:00 Puzzles 10:30 Nuggets of Knowledge 11:30 Lunch 6pm Euchre  | 10:00 Morning Exercise 11:30 Lunch 12:00 Waltons  | 11:30 Lunch 12:00 BINGO  | 10:00 Morning Exercise 10:30 History 11:30 Lunch 12:00 Euchre  | 10:00 Puzzles 10:30 Friday Fun Video 11:30 Lunch |
| 10 10:00 Puzzles 10:30 Nuggets of Knowledge 11:30 Lunch 11:00 Blood Pressure 12:00 Left Right Center w / Emily from Kingston | 11 10:00 Morning Exercise 11:30 Lunch 12:00 Birthday Party  | 12 11:30 Lunch 12:00 BINGO with Brad of Provincial House | 13 10:00 Morning Exercise 10:30 History 11:30 Lunch 12:00 Euchre  | 14 10:00 Puzzles 10:30 Traveloge 11:30 Lunch |
| 17 10:00 Puzzles 10:30 Nuggets of Knowledge 11:30 Lunch 12:00 Corporate Meeting 6pm Euchre | 18 10:00 Morning Exercise 11:30 Lunch 12:00 Waltons  | 19 11:30 Lunch 12:00 BINGO with Molly of Charlotte Stephenson  | 20 10:00 Morning Exercise 10:30 History 11:30 Lunch 12:00 Euchre | 21 10:00 Puzzles 10:30 Friday Fun Video 11:30 Lunch  |
| 24 10:00 Puzzles 10:30 Traveloge with Betty Cummings 11:30 Lunch | 25 10:00 Morning Exercise 11:30 Lunch  | 26 11:30 Lunch 12:00 BINGO | 27 10:00 Morning Exercise 10:30 History 11:30 Lunch 12:00 Euchre  | 28 10:00 Puzzles 10:30 Traveloge With Wayne Carpenter 11:30 Lunch 12:00 Horse Racing  |
| 31 10:00 Puzzles 10:30 Nuggets of Knowledge 11:30 Lunch 12:00 Left Right Center  |  <h1>OCTOBER</h1>  | | | |