

AUGUST | 2022

Lenawee Department on Aging



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Cheese Manicotti Normandy Blend Vegetable Prunes	2 Big Mac in a Bowl Beef, Cheese, Lettuce, Pickel, 1000 Island Dressing Garlic Breadstick Fruited Jell-O	3 Salmon Wild Rice Midori Blend Vegetable Blueberries	4 Hot Turkey Sandwich Open Face Mashed Potatoes w/Gravy Beets Pineapple	5 Broccoli Stuffed Chicken Rosemary Potatoes Baked Squash Fresh Fruit Salad
8 Corn Dog Mac & Cheese Spinach Apricots	9 Sweet and Sour Pork Garden Rice Oriental Vegetables Mandarin Oranges	10 Chicken Salad on Croissant Three Bean Salad Watermelon	11 Salisbury Steak Mashed Potatoes/w Gravy Succotash Applesauce	12 Alabama Baked Spaghetti Green Beans Garlic Bread Blackberry Cobbler
15 Chicken Cacciatore Cheesy Potatoes Zucchini Peaches	16 Swedish Meatballs Over Noodles Prince Charles Vegetable Cherries	17 Ham Sweet Potatoes Peas Cinnamon Swirl Bread Fruited Yogurt	18 Taco Salad w/Beef Tomato, Lettuce, Beans, Cheese Tortilla Chips Cantaloupe	19 Polish Sausage w/Sauerkraut Broccoli Potatoes Wedges Tropical Fruit
22 Chicken Quesadilla Mexican Rice Roasted Corn Fruit Cocktail	23 Lemon Pepper Fish Creamed Potatoes Asparagus Raspberries	24 Cheeseburger'n Fries Casserole Mixed Vegetable Pears	25 Cabbage Rolls Au Gratin Potatoes Baby Carrots Raisins	26 Deli Roast Beef Deluxe Onion Bun Potato Salad Banana Cookie
29 Gyro Sandwich Yellow Squash Greek Pasta Salad Fruit Slushy	30 Meatloaf Mashed Potatoes w/Gravy Wax Beans Strawberries	31 Chicken Chunks Tater Tots Capri Blend Vegetable Pineapple	1 French Toast Bake Stewed Tomatoes Cottage Cheese w/Peaches	2 Chili Dogs Baked Beans Coleslaw Fresh Sliced Apples

Suggested Donation is \$3.00 for anyone age 60 and older. \$4.00 for those under age 60 who participate in site meals

To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.

Milk is served with meal.

Menu subject to change due to product availability.

To reach the Department on Aging office please call 264-5280

Certified by:

DACapril, RDN, COCES

Due to the current industry and product availability, menu is subject to change.