

# AUGUST | 2021

## Lenawee Department on Aging



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p>Cheese Manicotti Wax Beans Normandy Blend Vegetable Fresh Plums</p>	<p>3</p> <p>Big Mac in a Bowl Beef, Cheese, Lettuce, Pickel, 1000 Island Dressing Garlic Breadstick Fruited Jell-O</p>	<p>4</p> <p>Salmon Wild Rice Midori Blend Vegetable Blueberries</p>	<p>5</p> <p>Hot Turkey Sandwich Open Face Mashed Potatoes w/Gravy Beets Pineapple</p>	<p>6</p> <p>Broccoli Stuffed Chicken Rosemary Potatoes Baked Squash Fruit Salad</p>
<p>9</p> <p>Corn Dog Mac &amp; Cheese Spinach Apricots</p>	<p>10</p> <p>Sweet and Sour Pork Garden Rice Oriental Vegetables Mandarin Oranges</p>	<p>11</p> <p>Chicken Salad on Croissant Three Bean Salad Watermelon</p>	<p>12</p> <p>Salisbury Steak Mashed Potatoes/w Gravy Succotash Applesauce</p>	<p>13</p> <p>Alabama Baked Spaghetti Green Beans Garlic Bread Peach Cobbler</p>
<p>16</p> <p>Chicken Cacciatore Cheesy Potatoes Zucchini Peaches</p>	<p>17</p> <p>Swedish Meatballs Over Noodles Prince Charles Vegetable Cherries</p>	<p>18</p> <p>Ham Sweet Potatoes Peas and Carrots Sourdough Roll Tropical Fruit</p>	<p>19</p> <p>Taco Salad w/Beef Tomato, Lettuce, Beans, Cheese Tortilla Chips Cantaloupe</p>	<p>20</p> <p>Polish Sausage w/Sauerkraut Broccoli Potatoes Wedges Fruited Yogurt</p>
<p>23</p> <p>Beef Burrito Mexican Rice Roasted Corn Fruit Cocktail</p>	<p>24</p> <p>Cornmeal Breaded Catfish Creamed Potatoes Asparagus Raspberries</p>	<p>25</p> <p>Cheeseburger'n Fries Casserole Mixed Vegetable Pears</p>	<p>26</p> <p>Cabbage Rolls Au Gratin Potatoes Baby Carrots Raisins</p>	<p>27</p> <p>Deli Roast Beef Deluxe Onion Bun Potato Salad Banana Cookie</p>
<p>30</p> <p>Gyro Sandwich Tomatoes and Zucchini Greek Pasta Salad Fruit Slushy</p>	<p>31</p> <p>Meatloaf Mashed Potatoes w/Gravy Corn Strawberries</p>	<p>1</p> <p>Chicken Strips Tator Tots Capri Blend Vegetable Prunes</p>	<p>2</p> <p>Pancake Sausage Stewed Tomatoes Cottage Cheese w/Peaches Banana Bread</p>	<p>3</p> <p>Chili Dogs Baked Beans Coleslaw Cinnamon Apples</p>

**Suggested Donation is \$3.00 for anyone age 60 and older. \$4.00 for those under age 60 who participate in site meals**

**To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.**

**Milk is served with meal.**

**Menu subject to change due to product availability.**

**To reach the Department on Aging office please call 264-5280**

**Certified by:**

*DA Chapel, RDN, COCES*