

JULY | 2021

Lenawee Department on Aging



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 Chicken Enchiladas Spanish Rice Refried Beans Mango</p>	<p>29 Ham Sweet Potatoes Zucchini Prunes</p>	<p>30 Beef and Noodles Baked Squash Wheat Roll Fresh Fruit Salad</p>	<p>1 Potato Crusted Tilapia Wild Rice Carrots Banana</p>	<p>2 Deluxe Cheeseburger Baked Beans Cucumber Salad Pears Smore's in a Cup</p>
<p>5 Closed for Independence Day</p>	<p>6 Chicken Kiev Rosemary Potatoes Green Beans Mandarin Oranges</p>	<p>7 Philly Steak Sub Pea and Peanut Salad Pineapple</p>	<p>8 Chef Salad w/Turkey, Ham, Eggs, Cheese and Tomatoes Bread Sticks Apple</p>	<p>9 Pork Ribbettes Cheesy Potatoes Broccoli Apricots</p>
<p>12 Stuffed Pepper Wax Beans Rye Bread Tropical Fruit</p>	<p>13 Chicken Alfredo Capri Blend Vegetable Garlic Bread Blueberries</p>	<p>14 Ham Salad Sandwich Onion Bun Potato Salad Ambrosia</p>	<p>15 Braised Beef Over Rice Corn Grapes</p>	<p>16 Hot Dog Potato Wedges Coleslaw Applesauce</p>
<p>19 Lemon Cod Creamed Potatoes Mixed Vegetables Wheatberry Bread Fruit Cocktail</p>	<p>20 Chicken Stew Over Biscuits Yellow Squash Pears</p>	<p>21 Egg Casserole Hash Browns Tomato and Zucchini Fruited Yogurt</p>	<p>22 Turkey Rice Casserole Beets Sourdough Roll Peaches</p>	<p>23 Taco Salad w/Beef Tomato, Lettuce, Beans, Cheese Tortilla Chips Cantaloupe</p>
<p>26 Country Fried Steak Mashed Potatoes w/Gravy Brussel Sprouts Cherries</p>	<p>27 Fruited Chicken Salad On a Bed of Lettuce Bow Tie Pasta Hawaiian Roll Watermelon</p>	<p>28 Mushroom Steak Mashed Potatoes w/Gravy Stewed Tomatoes Peach Cobbler</p>	<p>29 Vegetable Lasagna Succotash Winter Blend Vegetable Seven Grain Bread Raisins</p>	<p>30 Boiled Dinner Sausage, Cabbage Potatoes, Carrots Raspberries</p>

Suggested Donation is \$3.00 for anyone age 60 and older. \$4.00 for those under age 60 who participate in site meals

To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.

Milk is served with meal.

Menu subject to change due to product availability.

To reach the Department on Aging office please call 264-5280

Certified by:

DA Chapel, RDM, COCES