

ONSTED SENIOR CITIZEN CENTER
DIRECTOR~ JULIE RUTTINGER

AMERICAN LEGION, ONSTED, MICHIGAN
COOK - JAKE SUMMERS

8:30 - 2:30 MON - WED - THUR

JUNE

PHONE: 467-6917

LUNCH SERVED
AT 11:30

2018

MONDAY	WEDNESDAY	THURSDAY
9:30 GENTLE EXERCISE 10:30 BLOOD PRESSURE CHECK 12:00 CARDS, GAMES & PUZZELS 12:30 VEGGIE MOBILE	9:00 CARDIO DRUMMING 10:00 BIBLE STUDY 12:00 CARDS, GAMES & PUZZELS 12:15 CRAFTS	9:15 LINE DANCING w/ GLORIA 12:00 CARDS, GAMES & PUZZLES 12:15 BELLTONE Hearing Aid Check
9:30 GENTLE EXERCISE 12:00 CARDS, GAMES & PUZZELS 12:30 VEGGIE MOBILE	Senior Centers are CLOSED ANNUAL LDA PICNIC ADRIAN FAIR GROUNDS 10:00 am - 1:00 pm Hotdog Lunch, Games & Door Prizes	9:15 LINE DANCING w/ GLORIA 12:00 CARDS, GAMES & PUZZELS
9:30 GENTLE EXERCISE 12:00 CARDS, GAMES & PUZZELS 12:30 VEGGIE MOBILE	9:00 CARDIO DRUMMING 10:00 BIBLE STUDY 12:00 CARDS, GAMES & PUZZELS 12:15 BINGO	9:15 LINE DANCING w/ GLORIA 12:00 CARDS, GAMES & PUZZELS
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LENAWEE COUNTY DEPARTMENT ON AGING, 1040 S. WINTER ST., SUITE. 3003, ADRIAN, MI 49221, PHONE: 264-5280