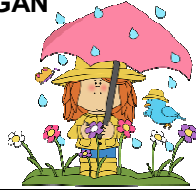


ONSTED SENIOR CITIZEN CENTER
 AMERICAN LEGION, ONSTED, MICHIGAN
 DIRECTOR~ AMY HILL 517-467-6917

8:30 - 2:30 MON - WED - THUR

PHONE: 467-6917





PROGRAM AND NEWSLETTER



WE BEGIN SERVING LUNCH
 AT 11:30

APRIL
 2018



MONDAY		WEDNESDAY		THURSDAY	
9:30 GENTLE AEROBICS	2	9:00 CARDIO DRUMMING	4	9:15 LINE DANCING	5
10:00 BLOOD PRESSURE CHECK		10:00 BIBLE STUDY		12:00 CARDS, GAMES, & PUZZLES	
12:30 VEGGIE MOBILE		12:00 CARDS, GAMES, & PUZZLES			
12:30 CARDS, GAMES, & PUZZLES					
	9		11		12
9:30 GENTLE AEROBICS		9:00 CARDIO DRUMMING		9:15 LINE DANCING	
12:30 VEGGIE MOBILE		10:00 BIBLE STUDY		12:00 CARDS, GAMES, & PUZZLES	
12:30 CARDS, GAMES, & PUZZLES		10:00 Nutrition Council Meeting @10:00 in Onsted			
		12:00 CARDS, GAMES, & PUZZLES			
	16		18		19
9:30 GENTLE AEROBICS		9:00 CARDIO DRUMMING		9:15 LINE DANCING	
12:00 CARDS, GAMES, & PUZZLES		10:00 BIBLE STUDY		12:00 CARDS, GAMES, & PUZZLES	
12:30 VEGGIE MOBILE		12:00 CARDS, GAMES, & PUZZLES			
	23		25		26
9:30 GENTLE AEROBICS		9:00 CARDIO DRUMMING		9:15 LINE DANCING	
12:30 VEGGIE MOBILE		10:00 BIBLE STUDY		12:00 CARDS, GAMES, & PUZZLES	
12:30 CARDS, GAMES, & PUZZLES		12:00 CARDS, GAMES, & PUZZLES			
	30				
9:30					
10:30 Onsted Center Board Meeting					
12:30 VEGGIE MOBILE					
12:30 CARDS, GAMES, & PUZZLES					