

MAY | 2021

Lenawee Department on Aging



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Beef and Noodles Succotash Potato Roll Blueberries</p>	<p>4</p> <p>Chicken Lasagna Italian Green Beans Bread Stick Grapes</p>	<p>5</p> <p>Deli Turkey Sandwich w/Lettuce and Tomato Potato Salad Cantaloupe</p>	<p>6</p> <p>Almandine Fish Wild Rice Prince Charles Vegetable Pineapple</p>	<p>7</p> <p>Salisbury Steak Red Skin Potatoes Carrots Fruited Jell-O</p>
<p>10</p> <p>Cabbage Rolls Cheesy Potatoes Mixed Vegetable Cherries</p>	<p>11</p> <p>Pulled Pork Sandwich Sweet Potato Tots California Blend Vegetable Pears</p>	<p>12</p> <p>Chicken Chop Suey Brown Rice Peas and Onions Tropical Fruit</p>	<p>13</p> <p>Shaved Ham & Swiss Onion Bun Cucumber Salad Fresh Apple</p>	<p>14</p> <p>Spaghetti w/ Meat Sauce Side Salad Garlic Bread Strawberries</p>
<p>17</p> <p>Salmon Rice Pilaf Peas Fresh Fruit Salad</p>	<p>18</p> <p>Goulash Midori Blend Vegetable Yellow Squash Applesauce</p>	<p>19</p> <p>Grilled Chicken Au Gratin Potato Spinach Cherries</p>	<p>20</p> <p>Pork Pot Stickers Oriental Blend Vegetable Broccoli Peaches</p>	<p>21</p> <p>Chicken Strips Tator Tots Capri Blend Vegetable Prunes</p>
<p>24</p> <p>Bean and Cheese Burrito Spanish Rice Squash Mango</p>	<p>25</p> <p>Pancake Sausage Stewed Tomatoes Cottage Cheese w/Peaches Banana Bread</p>	<p>26</p> <p>Chicken Salad on Croissant Three Bean Salad Watermelon</p>	<p>27</p> <p>Sweet and Sour Pork Brown Rice Cauliflower Apricots</p>	<p>28</p> <p>Chili Dogs Baked Beans Coleslaw Fruited Yogurt</p>
<p>31</p> <p>Closed for Memorial Day</p>	<p>1</p> <p>Swedish Meatballs over Noodles Beets Fruit Slushy</p>	<p>2</p> <p>Pizza Corn Brussel Sprouts Yum Yum Cake</p>	<p>3</p> <p>Cowboy Beans Rainbow Kale Salad Corn Bread Mandarin Oranges</p>	<p>4</p> <p>Fish Sandwich Rosemary Potato Key West Vegetable Cinnamon Apples</p>

Suggested Donation is \$3.00 for anyone age 60 and older. \$4.00 for those under age 60 who participate in site meals

To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.

Milk is served with meal.

Menu subject to change due to product availability.

To reach the Department on Aging office please call 264-5280

Certified by:

DACAPAL, RDN, COCES