

APRIL | 2021

Lenawee Department on Aging



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>29</p> <p>Salmon Asian Rice Succotash Grapes</p>	<p>30</p> <p>Chicken Alfredo Brussel Sprouts Italian Blend Vegetable Mango</p>	<p>31</p> <p>Stuffed Pepper Mixed Vegetables Rutabaga Wheat Roll Fruit Salad</p>	<p>1</p> <p>Meatloaf Cheesy Potatoes Broccoli Pineapple Carrot Cake</p>	<p>2</p> <p>Good Friday All Senior Centers Closed</p>
<p>5</p> <p>Smothered Chicken Rosemary Potatoes Capri Blend Vegetable Pears</p>	<p>6</p> <p>Ham Sweet Potatoes Asparagus Sourdough Roll Cherries</p>	<p>7</p> <p>Polish Sausage w/Sauerkraut Baked Beans Peas and Carrots Applesauce</p>	<p>8</p> <p>Taco Salad w/Beef, Cheese, Tomato, Lettuce and Tortilla Chips Churros Mixed Fruit</p>	<p>9</p> <p>Turkey Tetrizzini Stewed Tomatoes Key West Vegetable Blueberries</p>
<p>12</p> <p>Cheese Manicotti w/Pasta Sauce Wax Beans Kyoto Blend Vegetable Garlic Bread Tropical Fruit</p>	<p>13</p> <p>Chef Salad Corn Bread Fresh Melon Lemon Bars</p>	<p>14</p> <p>BBQ Pork Sandwich Tator Tots Midori Blend Vegetable Apricots</p>	<p>15</p> <p>Lemon Pepper Fish Rice Pilaf Winter Blend Vegetable Mandarin Oranges</p>	<p>16</p> <p>Country Fried Steak Mashed Potatoes Baked Squash Strawberries</p>
<p>19</p> <p>Chicken Parmesan Green Beans Cauliflower Prunes</p>	<p>20</p> <p>Pork Chop Pesto Kale Potatoes Yellow Squash Fruited Jell-O</p>	<p>21</p> <p>Braised Beef Spinach Normandy Blend Vegetable Seven Grain Bread Raspberries</p>	<p>22</p> <p>Egg Casserole Hash Browns Tomato and Zucchini Orange Juice</p>	<p>23</p> <p>Cheese Burger Deluxe Potato Wedges Corn w/ Black Beans Bananas</p>
<p>26</p> <p>Chipped Beef over Potato Zucchini Peas & Onions Raisins</p>	<p>27</p> <p>Tator Tot Casserole Prince Charles Vegetable Beets w/Orange Sauce Pineapple</p>	<p>28</p> <p>Tuna Salad on Bed of Lettuce Three Bean Salad Breadstick Apple</p>	<p>29</p> <p>Broccoli Stuffed Chicken Scalloped Potatoes Scandinavian Blend Vegetable Fruited Yogurt</p>	<p>30</p> <p>Pepper Steak Mashed Potatoes Carrots Peaches</p>

Suggested Donation is \$3.00 for anyone age 60 and older. \$4.00 for those under age 60 who participate in site meals

To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.

Milk is served with meal.

Menu subject to change due to product availability.

To reach the Department on Aging office please call 264-5280

Certified by:

D.A. Chapel, RDN, COCES