



# DECEMBER | 2020

## Lenawee Department on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> Cheese Tortellini w/Spaghetti Sauce Asparagus Midori Blend Vegetable Breadsticks Prunes	<b>1</b> Chili Topped Potato Corn Capri Blend Vegetable Peaches	<b>2</b> Pork Chop Scalloped Potatoes Peas Tropical Fruit	<b>3</b> Egg Casserole Hash Browns Tomato and Zucchini Orange Juice	<b>4</b> Meatloaf Potato Medley Scandinavian Blend Vegetable Dinner Roll Pears
<b>7</b> Macaroni & Cheese Beets Broccoli Raisins	<b>8</b> Sloppy Joes Rosemary Potatoes Succotash Cherries	<b>9</b> Salmon Parsley Potatoes Normandy Blend Vegetable Pineapple	<b>10</b> Tahitian Chicken Wild Rice Asian Blend Vegetable Wax Beans Dinner Roll Mixed Fruit	<b>11</b> Swedish Meatballs Over Noodles Prince Charles Vegetable Zucchini Fruited Jell-O
<b>14</b> Mushroom Steak Red Skin Potatoes California Vegetable Apricots	<b>15</b> Chicken Kiev Rice Pilaf Brussel Sprouts Blueberries	<b>16</b> BBQ Pulled Pork Kiser Bun Baked Beans Spinach Bananas	<b>17</b> Roast Beef Mashed Potatoes Green Beans Broccoli Salad Dinner Roll Cherry Dessert	<b>18</b> Cabbage Rolls Whipped Potatoes Rutabaga Wheat Roll Apple Sauce
<b>21</b> Chicken Tenders Potato Wedges Stewed Tomatoes Fruit Yogurt	<b>22</b> Fish Sandwich Sweet Potatoes Peas and Carrots Mandarin Oranges	<b>23</b> Vegetable Lasagna Italian Green Beans Yellow Squash Raspberries	<b>24</b> <b>CHRISTMAS            EVE</b>  ALL SENIOR CENTERS CLOSED	<b>25</b> <b>CHRISTMAS            DAY</b>  ALL SENIOR CENTERS CLOSED
<b>28</b> Beef, Bean and Cheese Burrito Spanish Rice Corn w/Black Beans Fruit Salad	<b>29</b> Chicken Stew Biscuit Baked Squash Lima Beans Pears	<b>30</b> Cheese Burger Deluxe Tator Tots Mixed Vegetable Cinnamon Apples	<b>31</b> <b>NEW YEAR'S            EVE</b>  ALL SENIOR CENTERS CLOSED	<b>1</b> <b>NEW YEAR'S            DAY</b>  ALL SENIOR CENTERS CLOSED

**Suggested Donation is \$3.00 for anyone age 60 and older and \$4.00 for those under age 60 who participate in site meals and \$5.00 per meal for those under 60 who receive home delivered meals.**

**To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.**

**Milk is served with meal.**

**Menu subject to change due to product availability.**

**To reach the Department on Aging office please call 264-5280**

**Certified by:**

*DA Chapel, RDN, COCES*