

# JULY | 2020

## Lenawee Department on Aging



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>29</b></p> <p>Goulash Midori Vegetable Yellow Squash Corn Bread Strawberries</p>	<p><b>30</b></p> <p>Chicken Salad on Croissant Cucumber Salad Banana</p>	<p><b>1</b></p> <p>Sausage Pancake Roll Asparagus Stewed Tomatoes Mini Muffin Pears</p>	<p><b>2</b></p> <p>Deluxe Cheeseburger Baked Beans Zucchini Raisins</p>	<p><b>3</b></p> <p>Closed for Independence Day</p>
<p><b>6</b></p> <p>Chipped Beef over Potato Cauliflower Prince Charles Vegetable Fruit Yogurt</p>	<p><b>7</b></p> <p>Chicken Kiev Rosemary Potatoes Green Beans Mandarin Oranges</p>	<p><b>8</b></p> <p>Shaved Ham &amp; Swiss Onion Bun Pea and Peanut Salad Fresh Apple</p>	<p><b>9</b></p> <p>Pollock Almondine Au gratin Potatoes Beets Tropical Fruit</p>	<p><b>10</b></p> <p>Turkey Rice Casserole Baked Squash Kyoto Blend Vegetable Pineapple</p>
<p><b>13</b></p> <p>Philly Steak Sub Wax Beans Roasted Corn and Black Beans Fruit Cocktail</p>	<p><b>14</b></p> <p>Pork Chop Sweet Potatoes Peas &amp; Carrots Apricots</p>	<p><b>15</b></p> <p>Vegetable Lasagna Lima Beans Winter Blend Vegetable Watermelon</p>	<p><b>16</b></p> <p>Chicken Salad w/ Peas, Mandarin Oranges, Feta Cheese, Almonds and Noodles Bread Sticks</p>	<p><b>17</b></p> <p>Sloppy Joes Potato Wedges Scandinavian Blend Vegetable Apple Cobbler</p>
<p><b>20</b></p> <p>Potato Crusted Tilapia Cheesy Potatoes Mixed Vegetable Peaches</p>	<p><b>21</b></p> <p>Beef Stroganoff Caribbean Vegetable Blend Spinach Fruited Jell-O</p>	<p><b>22</b></p> <p>Baked Chicken Rissolle Potatoes Italian Green Beans Fresh Plums</p>	<p><b>23</b></p> <p>Boiled Dinner Sausage, Cabbage Potatoes, Carrots Raspberries</p>	<p><b>24</b></p> <p>Egg Salad On a Croissant Three Bean Salad Prunes Brownies</p>
<p><b>27</b></p> <p>Pizza Corn Maui Blend Vegetable Applesauce</p>	<p><b>28</b></p> <p>Chili Dog Sweet Potato Tots Succotash Grapes</p>	<p><b>29</b></p> <p>Chicken Alfredo Broccoli Capri Blend Vegetable Blueberries</p>	<p><b>30</b></p> <p>Salisbury Steak Mashed Potatoes Brussel Sprouts Cherries</p>	<p><b>31</b></p> <p>Fish Sandwich Tator Tots Tomatoes and Zucchini Fresh Peaches</p>

**Suggested Donation is \$3.00 for anyone age 60 and older and \$4.00 for those under age 60 who participate in site meals and \$5.00 per meal for those under 60 who receive home delivered meals.**

**To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.**

**Milk is served with meal.**

**Menu subject to change due to product availability.**

**To reach the Department on Aging office please call 264-5280**

**Certified by:**

*DA Chapel, RDW, COCES*