

MAY | 2020

Lenawee Department on Aging



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Beef and Noodles Succotash Blueberries Potato Roll	28 Chicken Lasagna Italian Green Beans Grapes Garlic Bread Stick	29 Deli Turkey Sandwich w/Lettuce and Tomato Potato Salad Cantaloupe	30 Salisbury Steak Red Skin Potatoes Salad Fruited Jell-O	1 Almandine Fish Scalloped Potatoes Prince Charles Vegetable Pineapple
4 Stuffed Peppers Cheesy Potatoes Mixed Vegetable Cherries	5 Pulled Pork Sandwich Potato Wedges California Blend Vegetable Oranges	6 Chicken Leg Scandinavian Vegetable Parsley Potatoes Yogurt	7 Shaved Ham & Swiss Onion Bun Cucumber Salad Fresh Apple	8 Spaghetti w/ Meat Sauce Carrots Yellow Squash Strawberries
11 Lemon Pepper Cod Brown Rice Peas Fresh Fruit Salad	12 Tator Tot Casserole Wax Beans Beets Prunes	13 Deluxe Cheeseburger Baked Beans Capri Blend Vegetable Pears	14 Pork Loin Sweet Potato Spinach Pineapple	15 Chicken Cordon Bleu Rissole Potato Brussel Sprouts Banana
18 Pepper Steak Mashed Potatoes w/Gravy Zucchini Raspberries	19 Sweet & Sour Pork Over Rice Broccoli Green Beans Tropical Fruit	20 Chicken Salad on Croissant Three Bean Salad Watermelon	21 Breakfast Casserole Stewed Tomatoes Hash Browns Orange Juice	22 Beef Tips Over Noodles Baked Squash Midori Blend Vegetable Fruit Cobbler
25 Closed for Memorial Day	26 Mushroom Steak Mashed Potatoes w/Gravy Key West Vegetable Peaches	27 Pizza Corn Maui Blend Vegetable Apricots	28 Grilled Chicken Brown Rice Asparagus Grapes	29 Sloppy Joe on Whole Grain Bun Sweet Potato Tots Cauliflower Fruit Cocktail

Suggested Donation is \$3.00 for anyone age 60 and older and \$4.00 for those under age 60 who participate in site meals and \$5.00 per meal for those under 60 who receive home delivered meals.

To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.

Milk is served with meal.

Menu subject to change due to product availability.

To reach the Department on Aging office please call 264-5280

Certified by:

Dr. Chapel, RDN, COCES