



FEBRUARY | 2020

Lenawee County Department on Aging

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

BBQ Pulled Pork
Wheat Bun
Potato Salad
Cauliflower
Mandarin Oranges

4

Chicken Legs
Rissole Potatoes
Asparagus
Sliced Apples

5

Tator Tot Casserole
Lima Beans
Fruit Cocktail
Roll w/Butter

6

Chipped Beef
Baked Potato
Prince Charles Veggies
Cherries

7

Lemon Pepper Cod
Wild Rice
Corn
Blueberries
Roll w/Butter

10

Turkey Pot Pie
Stewed Tomatoes
Key West Vegetable
Grapes

11

Lasagna
Italian Green Beans
Salad
Pears
Garlic Bread

12

Pork Roast
Mashed Potatoes
w/Gravy
Capri Blend Vegetable
Mango

13

Smothered Chicken
Scalloped Potatoes
Mixed Vegetable
Fruit for Salad
Roll w/Butter

14

Mushroom Steak
Red Skin Potatoes
Carrots
Peaches
Roll w/ Butter

17

PRESIDENT'S DAY

All Senior centers
Closed

18

Sweet and Sour Pork
Brown Rice
Mixed Berries
Fortune Cookie

19

Goulash
Salad Bar
Apricots
Breadsticks

20

Country Fried Steak
Mashed Potatoes
w/Gravy
Squash
Prunes

21

BBQ Chicken Nuggets
Winter Blend Vegetable
Tropical Fruit
Roll w/Butter

24

Cabbage Rolls
Peas
Fruited Yogurt
Bread w/Butter

25

Italian Chicken
Pasta w/Marinara Sauce
Normandy Vegetables
Fresh Fruit Salad

26

Liver and Onions
Mashed Potatoes
w/Gravy
Nantucket Blend
Vegetable
Pineapple

27

Almond Fish
Sweet Potato Tots
Zucchini
Raspberries

28

Chili Dog
Baked Beans
Cole Slaw
Banana

Suggested Donation is \$3.00 for anyone age 60 and older and \$4.00 for those under age 60 who participate in site meals and \$5.00 per meal for those under 60 who receive home delivered meals.

To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.

Milk is served with meal.

Menu subject to change due to product availability.

To reach the Department on Aging office please call 264-5280

Certified by: