

NOVEMBER | 2019



Lenawee County Department on Aging

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28
Sweet & Sour Chicken
Brown Rice
Oriental Blend Vegetables
Cinnamon Apples

29
Pork Chop
Cheesy Potatoes
Peas
Mixed Fruit

30
Egg Casserole
Hash Browns
Tomato Juice
Oranges

31
Goulash
Midori Blend Vegetables
Rutabaga
Peaches
Devil's Food Cupcake

1
BBQ Pork
Wheat Bun
Maui Blend Vegetables
Banana

4
Pork Chop
Mashed Potatoes
w/Gravy
Mixed Vegetables
Fruited Jell-O

5
Pub Burger w/Cheese
Whole Grain Bun
Corn w/ Black Beans
Salad
Grapes

6
Turkey Tetrizzini
Carrots
Breadsticks
Mandarin Oranges

7
Chipped Beef
Over Baked Potato
Peas and Pearl Onions
Diced Mango

8
Chicken Cordon Bleu
Mashed Sweet Potatoes
Fruit for Salad
Dinner Roll w/Butter

11 **VETERANS' DAY**

ALL SENIOR CENTERS CLOSED

12
Vegetable Lasagna
Winter Blend Vegetables
Garlic Bread
Applesauce

13
Tuna Casserole
Brussel Sprouts
Roll w/Butter
Strawberries

14
Sliced Ham
Rosemary Potatoes
Lima Beans
Roll w/Butter
Pineapple

15
Sloppy Joes
on Whole Grain Bun
Tossed Salad
Cherries

18
Chicken Drumstick
Cheesy Potatoes
Broccoli
Mixed Fruit

19
Almond Fish
Parsley Potatoes
Salad
Cantaloupe

20
Pepper Steak
Baked Squash
Bread w /Butter
Apricots

21
Turkey w/Dressing and Gravy
Mashed Potatoes
Green Beans
Dinner Roll w/Butter
Pumpkin Dessert

22
Pizza Calzone
Normandy Blend
Vegetables
Roll w/butter
Blueberries

25
Fish Sandwich
w/Cheese
Garden Blend Rice
Key West Vegetables
Pears

26
Beef Stroganoff
Caribbean Vegetable Blend
Multigrain Roll w/Butter
Fruited Jell-O

27
Polish Sausage
Whole Grain Bun
Sauerkraut
Carrot Coins
Plums

28 **HAPPY THANKSGIVING**

ALL SENIOR CENTERS CLOSED

29

ALL SENIOR CENTERS CLOSED

Suggested Donation is \$3.00 for anyone age 60 and older and \$4.00 for those under age 60 who participate in site meals and \$5.00 per meal for those under 60 who receive home delivered meals.

To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.

Milk is served with meal.

Menu subject to change due to product availability.

To reach the Department on Aging office please call 264-5280

Certified by:

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THURSDAY

FRIDAY

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