

SEPTEMBER | 2019



Lenawee County Department on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Closed for Labor Day	3 Fish Rice Pilaf Spinach Fruit Cocktail	4 Spaghetti w/ Meat Sauce Italian Green Beans Garlic Bread Mandarin Oranges Dessert	5 Pulled Pork On Kaiser Bun Baked Beans Sweet Tator Tots Applesauce	6 Ham Slices Macaroni & Cheese Peas Melon
9 Baked Chicken Cheesy Potatoes Prince Charles Veggies Peaches	10 Beef Tips Over Noodles Baked Squash Stewed Tomatoes Apple Crisp	11 Fish Sandwich Peas and Onions Coleslaw Mixed Fruit	12 Grilled Chicken Bed of Lettuce Mandarin Oranges Bread Stick Yogurt	13 Kielbasa With Sauerkraut Baby Carrots Sliced Apples
16 Sloppy Joe Tator Tots Corn Cherries	17 Tuna Salad On a Croissant Cucumber Salad Grapes	18 Creamed Chipped Beef Over Baked Potato Orange Glazed Beets Pears	19 Closed For LDA Staff Meeting	20 Sweet & Sour Chicken Brown Rice Caribbean Vegetables Fruit
23 Hot Dog Three Bean Salad Potato Wedges Prunes	24 Taco Salad Tortilla Chips Fruit Brownie	25 Pork Chop Scalloped Potatoes Spinach Dinner Roll	26 Tropical Fruit Turkey w/ Stuffing Whipped Potatoes Green Beans Apricots	27 Goulash Key West Vegetables Roll w/ Butter Pineapple
30 Cabbage Roll Whipped Potatoes California Blend Veg. Roll w/ Butter Pears	1 Pub Burger Baked Beans Coleslaw Banana	2 Fried Chicken Leg Oven Browned Potatoes Carrot Coins Whole Wheat Roll Apricots	3 Salisbury Steak Mashed Potatoes Brussel Sprouts Fruit	4 Crab Cakes Garden Rice Broccoli Blueberries

Suggested Donation is \$3.00 for anyone age 60 and older and \$4.00 for those under age 60 who participate in site meals and \$5.00 per meal for those under 60 who receive home delivered meals.

To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.

Milk is served with meal.

Menu subject to change due to product availability.

To reach the Department on Aging office please call 264-5280

Certified by:

JH Chapel, 2019