

# AUGUST | 2019

## Lenawee County Department on Aging



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>29</p> <p>Cheeseburger Sweet Potato Fries Carrots Pears</p>	<p>30</p> <p>Tuna Salad Bed of lettuce Three Bean Salad Biscuit Strawberries</p>	<p>31</p> <p>Chicken Strips Peas Cottage Cheese Pineapple</p>	<p>1</p> <p>Boiled Dinner Sausage, Cabbage Potato, and Carrot Dinner Roll Fruit</p>	<p>2</p> <p>Calico Beans Side Salad Corn Muffin Raspberries</p>
<p>5</p> <p>Fish Sandwich Corn Potato Wedges Mandarin Oranges</p>	<p>6</p> <p>Pork cutlet Mashed Sweet Potato Key West Vegetables Pears</p>	<p>7</p> <p>Chili Topped Potato Cheese and Sour Cream Mixed Vegetables Peaches</p>	<p>8</p> <p>Chicken Taco Salad Lettuce, Tomato, Cheese Corn Chips Fruit</p>	<p>9</p> <p>Pot Roast Potatoes and Carrots Roll Fruit Salad</p>
<p>12</p> <p>Chicken Cordon Blue Mashed Potato Green Beans Applesauce</p>	<p>13</p> <p>Beef Ravioli With Marinara Sauce Side Salad Bread Country Apples</p>	<p>14</p> <p>Grilled Chicken Rice Pilaf Asian Blend Veggies Fruit</p>	<p>15</p> <p>Roast Beef Sandwich Fruited Slaw Macaroni Salad Banana</p>	<p>16</p> <p>Meat Loaf Macaroni and Cheese Stewed Tomato Peaches</p>
<p>19</p> <p>Hamburger Gravy Mashed Potatoes Prince Charles Vegetables Summer Squash Oranges</p>	<p>20</p> <p>Veggie Lasagna Spinach Salad Strawberries Garlic Bread</p>	<p>21</p> <p>Hot Dog Potato Salad Baked Beans Watermelon Cookie</p>	<p>22</p> <p>Ham Cheesy Potatoes Brussel Sprouts Cherries</p>	<p>23</p> <p>Tuna Noodle Casserole Green Beans Blueberries Wheat Roll</p>
<p>26</p> <p>Breakfast Casserole Sausage Links Orange Juice Blueberry Bread</p>	<p>27</p> <p>Mushroom Steak Mashed Potato Cauliflower Grapes</p>	<p>28</p> <p>Egg Salad On a Croissant Broccoli Salad Baked Chips Fresh Fruit</p>	<p>29</p> <p>Chicken Rice Bake Peas Roll Baked Apple</p>	<p>30</p> <p>Pork Roast Red Skin Potatoes Pickled Beet Salad Mixed Fruit</p>

**Suggested Donation is \$3.00 for anyone age 60 and older and \$4.00 for those under age 60 who participate in site meals and \$5.00 per meal for those under 60 who receive home delivered meals.**

**To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.**

**Milk is served with meal.**

**Menu subject to change due to product availability.**

**To reach the Department on Aging office please call 264-5280**

**Certified by:**

*JH Chapel, 2008*

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