

JULY | 2019



Lenawee County Department on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Stuffed Peppers Cauliflower Wheat roll Orange	2 Alfredo Chicken Penne Pasta Broccoli Fruit	3 Chili Dog Potato Wedges Coleslaw Blueberries	4 All Centers Closed For 4 th of July Holiday	5 Egg Casserole Tomato Juice Hash Browns Applesauce
8 Breaded Chicken Mashed Potatoes w/ gravy Green Beans Pineapple	9 Ham and Swiss Sandwich Cucumber Salad Potato Chips Melon	10 Mini Corn Dogs Macaroni and Cheese Peas Mixed Fruit w/ Jello	11 Fish Almandine Cheesy Potatoes Asparagus Pears Wheat Roll	12 Soft Taco Lettuce, Tomato, Cheese Mexican Rice Refried Beans Fruit
15 Pulled Pork Sandwich Tator Tots Baked Beans Apples	16 Meatloaf Cheesy Potatoes Zucchini Tropical Fruit	17 Salmon Patty Garden Rice Stewed Tomatoes Fruit Cobbler	18 Roast Beef Potatoes w Gravy Scandinavian Veg. Strawberries Honey Wheat Roll	19 Chicken Caesar Salad With Croutons Bread Stick Cherries
22 Chipped Beef Mashed Potato Carrots Banana	23 Pizza Corn Fruited Yogurt Peaches	24 Baked Spaghetti Green Beans Bread Fruit Cocktail	25 Chicken Salad On a Croissant Side Salad Mandarin Oranges	26 Sweet and Sour Pork Brown Rice Broccoli Grapes
29 Cheeseburger Sweet Potato Fries Carrots Pears	30 Tuna Salad Bed of Lettuce Three Bean Salad Biscuit Strawberries	31 Chicken Strips Peas Cottage Cheese Pineapple	1 Boiled Dinner Sausage, Cabbage Potato, and Carrot Dinner Roll Fruit	2 Calico Beans Side Salad Corn Muffin Raspberries

Suggested Donation is \$3.00 for anyone age 60 and older and \$4.00 for those under age 60 who participate in site meals and \$5.00 per meal for those under 60 who receive home delivered meals.

To cancel meals or make changes to your Home Delivered Meal pattern please call 264-5280. Please call at least 24 hours in advance when you will not be home to accept your meal.

Milk is served with meal.

Menu subject to change due to product availability.

To reach the Department on Aging office please call 264-5280

Certified by:

Sh. Cheryl, 20006