

MAY | 2019



Lenawee County Department on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Chicken Lasagna Broccoli Dinner Roll Tropical Fruit	30 Pepper Steak Mashed Potatoes w/gravy Mixed Vegetables Melon Salad	1 Beef Goulash Midori Blend Veggies Honey Wheat Roll Mandarin Oranges	2 Tuna Salad on bed of lettuce Three Bean Salad Breadstick Apple	3 Macaroni & Cheese Peas and Carrots Cherries Cookie
6 Beef Burrito Mexican Rice Corn Plums	7 Italian Chicken Breast Pasta with Marinara Green Beans Country Apples	8 Sliced Ham Scalloped Potatoes Winter Blend Vegetable Fruit Salad Cooks Choice Dessert	9 Beef Stew Biscuit Side Salad Pears	10 Hot Turkey Sandwich Broccoli Macaroni Salad Peaches
13 Chicken Leg Sweet Potato Tots California Blend Vegetable Cinnamon Applesauce	14 Pulled Pork Oven Brownd Potatoes Broccoli Oranges	15 Lemon Pepper Cod Garden Veggies Brown Rice Diced Fruit Salad 	16 Hot Dog on a Bun Coleslaw Baby Carrots Mixed Berries	17 Tator Tot Casserole Side Salad Multi Grain Roll Banana
20 Salmon Parsley Potatoes Peas Fruit Cocktail 	21 Beef Stroganoff Glazed Carrots Dinner Roll Pears	22 Polish Sausage Sauerkraut Redskin Potatoes Applesauce	23 Chicken Salad Side Salad Croissant Pineapple 	24 Hamburger on bun Baked Beans Broccoli Salad Strawberries
27 Closed for Memorial Day	28 Mushroom Steak Mashed potatoes Wax Beans Peaches	29 Grilled Chicken Brown Rice Asparagus Grapes 	30 Beef Lasagna Bread California Blend Vegetable Fruit	31 Pork Loin Sweet Potato Spinach Apricots 

To cancel meals or make changes to your Home Delivered Meal pattern please call at 264-5280

Suggested Donation is \$3.00 for anyone age 60 and older and \$4.00 for those under age 60 who participate in site meals and \$5.00 per meal for those under 60 who receive home delivered meals.

Milk is served with every meal

To reach the Department on Aging office please call 264-5280 between 8:00 a.m. - 4:30 p.m. Messages can be left during non-business hours

Remember to call *at least 24 hours in advance* if you will not be home to receive your meal.

Certified by:

JA Chapel, 2019