



# FEBRUARY | 2019

## Lenawee Department on Aging – Onsted Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 CENTER CLOSED
4 Polish Sausage On Whole Grain Bun Midori Vegetables Pineapple	5 CENTER CLOSED	6 Biscuits & Gravy Sausage Links Warm Apples Tomato Juice	7 Turkey Tetrazzini Lima Beans Breadsticks Mandarin Oranges	8 CENTER CLOSED
11 Chicken Drumstick Winter Blend Vegetables Cheesy Potatoes Cherries	12 CENTER CLOSED	13 Taco Salad w/beef Tomato, Lettuce, Beans, Cheese Tortilla Chips Mixed Fruit	14 Smothered Chicken Scalloped Potatoes Mixed Vegetables Roll and butter Fruit Salad	15 CENTER CLOSED
18 CLOSED	19 CENTER CLOSED	20 Mushroom Steak Mashed Potatoes w/gravy Corn Peaches	21 Fish Sandwich w/cheese Garden Vegetable Rice Rainbow Veggie Mix Pineapple	22 CENTER CLOSED
25 Vegetable Lasagna Italian Green Beans Garlic Bread Applesauce	26 CENTER CLOSED	27 Chicken Gumbo Soup Tossed Salad Biscuit w/butter Fresh Fruit Yogurt	28 Sloppy Joe on Whole Grain Bun Cauliflower Fruit Mix Cookie	1 CENTER CLOSED

To cancel meals or make changes to your Home Delivered Meal pattern please call  
**Jamie Smith,**  
**HDM Intake Specialist**  
 or  
**Cassie Hollenbeck,**  
**LDA Nutrition Director,**  
 at 264-5280

Suggested Donation is \$3.00 for anyone age 60 and older and \$4.00 for those under age 60 who participate in site meals and \$5.00 per meal for those under 60 who receive home delivered meals.

Milk is served with every meal

To reach the Department on Aging office please call 264-5280 between 8:00 a.m. – 4:30 p.m. Messages can be left during non-business hours

Remember to call *at least 24 hours in advance* if you will not be home to receive your meal.

Certified by: