



AUGUST | 2018

Lenawee Department on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SALT IS ADDED IN THE KITCHEN	Due to product availability substitutions may occur	1 Chicken Breast Garlic Potatoes Wheat Roll with Butter Broccoli Salad Plums	2 Tuna Casserole Peas & Carrots Wheat Roll with Butter Cherries	3 CENTER CLOSED
6 Chicken Cordon Bleu Broccoli Twice Baked Potatoes Fresh Orange	7 CENTER CLOSED	8 Sliced Ham Sweet Potatoes Green Beans Wheat Roll with Butter Strawberries	9 Beef Tips over Noodles Baby Carrots Cottage Cheese & Peaches	10 CENTER CLOSED
13 Deluxe Burger On Whole Grain Bun Brussels Sprouts Banana	14 CENTER CLOSED	15 Salmon Vegetable Rice Zucchini Blueberry Cheesecake	16 Italian Chicken Baby Baker Potatoes Wheat Roll with Butter Carrot & Raisin Salad Pears	17 CENTER CLOSED
20 Cabbage Roll Vegetable Blend Wheat Roll with Butter Grapes	21 CENTER CLOSED	22 Meatloaf Mashed Potatoes Mixed Vegetables Wheat Roll with Butter Cook's Choice Dessert	23 Sliced Turkey w/ Gravy Stuffing Carrot Coins Pineapple Chunks	24 CENTER CLOSED
27 BBQ Beef Sandwich on Whole Grain Bun California Blend Hawaiian Dessert	28 CENTER CLOSED	29 Turkey Tetrazzini Grilled Vegetables Wheat Roll with Butter Mandarin Oranges	30 Hawaiian Pork Brown Rice Corn Wheat Roll with Butter Plums	31 CENTER CLOSED

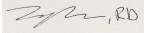
To cancel meals or make changes to your Home Delivered Meal pattern please call
Cassie Hollenbeck,
LDA Nutrition Director,
at 264-5290 or
Jamie Smith,
HDM Intake Specialist
at 264-5296

Suggested Donation is \$3.00 for anyone age 60 and older and \$4.00 for those under age 60 who participate in site meals and \$5.00 per meal for those under 60 who receive home delivered meals

Milk is served with every meal

To reach the Department on Aging office please call 264-5280 between 8:00 a.m. – 4:30 p.m. Messages can be left during non-business hours

Remember to call at least 24 hours in advance if you will not be home to receive your meal.

Certified by:  RD