


JULY | 2018

Lenawee Department on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Italian Sausage w/peppers Red Skin Potatoes Peas and Carrots Pineapple	3 CENTER CLOSED	4 CLOSED FOR HOLIDAY 	5 Hamburger Gravy Over Mashed Potatoes Stewed Tomatoes Fresh Melon	6 CENTER CLOSED
9 Corn Dog Cheesy Potatoes Roasted Corn and Peppers Fresh Fruit	10 CENTER CLOSED	11 Meatloaf Mashed Potatoes w/gravy Corn Mixed Fruit Roll	12 Baked BBQ Chicken Scalloped Potatoes Mixed Vegetables Cherries Roll	13 CENTER CLOSED
16 Pulled BBQ Pork On Bun Chips Sugar Snap Peas Banana Cookie	17 CENTER CLOSED	18 Sliced Ham Mashed Potatoes w/gravy Cooked Carrots Pineapple	19 Hot Dog w/chili, cheese and onions Baked Chips Coleslaw Fruit Salad	20 CENTER CLOSED
23 Cheeseburger Tator Tots Mixed Vegetables Applesauce	24 CENTER CLOSED	25 Fish Roasted Red Skin Potatoes Peas and Onions Tropical Fruit	26 Corned Beef Hash Green Beans Fruit Juice Roll	27 CENTER CLOSED
30 Lasagna Garlic Bread Garden Vegetables Cherry Cobbler	31 CENTER CLOSED	NO SALT IS ADDED IN THE KITCHEN	Due to product availability substitutions may occur	

To cancel meals or make changes to your Home Delivered Meal pattern please call
Cassie Hollenbeck,
LDA Nutrition Director,
at 264-5290 or
Jamie Smith,
HDM Intake Specialist
at 264-5296

Suggested Donation is \$3.00 for anyone age 60 and older and \$4.00 for those under age 60 who participate in site meals and \$5.00 per meal for those under 60 who receive home delivered meals

Milk is served with every meal

To reach the Department on Aging office please call 264-5280 between 8:00 a.m. – 4:30 p.m. Messages can be left during non-business hours

Remember to call at least 24 hours in advance if you will not be home to receive your meal.

Certified by:  RD