



JUNE | 2018

Lenawee Department on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CARNIVAL FOR SENIORS ON WEDNESDAY, JUNE 13TH		♥ on the Menu earns a double punch for Wellness Fan Club Members		1 CENTER CLOSED
4 Cabbage Rolls Wax Beans Dinner Roll w/butter Pears	5 CENTER CLOSED	6 Chicken Caesar Salad Beets Bread and Butter Apples ♥	7 Macaroni and Cheese Stewed Tomatoes w/zucchini Peaches Cooks Choice Dessert	8 CENTER CLOSED
11 Full Bodied Burger w/cheese, lettuce, tomato, onion 3 Bean Salad Cherries	12 CENTER CLOSED	13 CARNIVAL DAY No home delivered meals and all Sr. Centers closed	14 Lemon Fish Mixed Vegetables Rice Pilaf Fresh Fruit ♥	15 CENTER CLOSED
18 Chicken Leg Parsley Potatoes Green Beans Mandarin Oranges	19 CENTER CLOSED	20 Deli Turkey Sandwich w/lettuce and tomato Potato Salad Cantaloupe Cookie ♥	21 Chili Dogs w/onion Salad Chips Apple Brownie	22 CENTER CLOSED
25 Pulled Pork on Kaiser Bun Peas and Pearl Onions Fruit Cocktail	26 CENTER CLOSED	27 Beef Tips w/gravy over noodles Brussels Sprouts w/crumb topping Bread and butter Pears	28 Chicken Salad on Croissant Coleslaw Peaches ♥	29 CENTER CLOSED

To cancel meals or make changes to your Home Delivered Meal pattern please call

Cassie Hollenbeck,
LDA Nutrition Director,
at 264-5290 or
Jamie Smith,
HDM Intake Specialist
at 264-5296

Suggested Donation is \$3.00 for age 60 and older and \$4.00 for those under age 60

Due to product availability substitutions may occur

NO SALT ADDED IN THE KITCHEN
Milk is served with every meal

To reach the Department on Aging office please call 264-5280 between 8:00 a.m. – 4:30 p.m. Messages can be left during non-business hours

Remember to call *at least 24 hours in advance* if you will not be home to receive your meal.

Certified by: , RD