



FEBRUARY | 2018

Lenawee Department on Aging -ONSTED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pub Burgers With Cheese Mixed Vegetables Pineapple Brownie	2 CENTER CLOSED
5 Cabbage Rolls Vegetables Bread and Butter Fruit	6 CENTER CLOSED	7 Pulled Pork Sandwich on Wheat Bun Corn Fruit Cocktail	8 Turkey Tetrazzini Lima Beans Breadsticks Mandarin Oranges	9 CENTER CLOSED
12 Stuffed Peppers Midori Vegetables Roll and Butter Pineapple	13 CENTER CLOSED	14 Almond Fish Scalloped Potatoes Prince Charles Veggies Roll and Butter Fruited Red Jello	15 Chicken with gravy Mashed Potatoes Biscuit Carrots Apple Sauce	16 CENTER CLOSED
19 LDA CLOSED FOR PRESIDENT'S DAY	20 CENTER CLOSED	21 Tahitian Chicken Asian Vegetables Mashed Potatoes w/gravy Dinner roll and butter Mixed Fruit	22 Country Fried Steak w/gravy Rissolle Potatoes Squash Peaches	23 CENTER CLOSED
26 Spaghetti w/meat sauce Green Beans Garlic Bread Apricots	27 CENTER CLOSED	28 Meatloaf Parsley Potatoes Spinach Bread and Butter Pears Cooks Choice Dessert		

To cancel meals or make changes to your Home Delivered Meal pattern please call LDA Nutrition Director, Cassie Hollenbeck at 264-5290 or Jamie Smith, HDM Intake Specialist at 264-5296

Suggested Donation is \$3.00 for age 60 and older and \$4.00 for those under age 60

Due to product availability substitutions may occur

NO SALT ADDED IN THE KITCHEN Milk is served with every meal

To reach the Department on Aging office please call 264-5280 between 8:00 a.m. – 4:30 p.m.

Remember to call at least 24 hours in advance if you will not be home to receive your meal.

Certified by: 