



# FEBRUARY | 2018

## Lenawee Department on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Pub Burgers With Cheese Mixed Vegetables Pineapple Brownie	<b>2</b> Taco Salad w/beef Tomato, Lettuce, Beans, Cheese Tortilla Chips Mixed Fruit
<b>5</b> Cabbage Rolls Vegetables Bread and Butter Fruit	<b>6</b> Beef Stroganoff Glazed Carrots Dinner Roll Pears	<b>7</b> Pulled Pork Sandwich on Wheat Bun Corn Fruit Cocktail	<b>8</b> Turkey Tetrazzini Lima Beans Breadsticks Mandarin Oranges	<b>9</b> Chicken Strips With Dipping Sauce Tator Tots Normandy Vegetables Grapes
<b>12</b> Stuffed Peppers Midori Vegetables Roll and Butter Pineapple	<b>13</b> Tuna Casserole Peas Cherries Cooks Choice Dessert	<b>14</b> Almond Fish Scalloped Potatoes Prince Charles Veggies Roll and Butter Fruited Red Jello	<b>15</b> Chicken with gravy Mashed Potatoes Biscuit Carrots Apple Sauce	<b>16</b> Macaroni & Cheese Stewed Tomatoes Dinner Roll Tropical Fruit
<b>19</b> LDA CLOSED FOR PRESIDENT'S DAY	<b>20</b> Chili Dogs Baked Beans Chips Fruit Cocktail	<b>21</b> Tahitian Chicken Asian Vegetables Mashed Potatoes w/gravy Dinner roll and butter Mixed Fruit	<b>22</b> Country Fried Steak w/gravy Rissolle Potatoes Squash Peaches	<b>23</b> Fish Sandwich Carrot Coins Salad Yogurt w/fruit Cookie
<b>26</b> Spaghetti w/meat sauce Green Beans Garlic Bread Apricots	<b>27</b> Pork Loin Mashed Potatoes w/gravy Dinner Roll w/butter Mixed Vegetables	<b>28</b> Meatloaf Parsley Potatoes Spinach Bread and Butter Pears Cooks Choice Dessert		

**To cancel meals or make changes to your Home Delivered Meal pattern please call LDA Nutrition Director, Cassie Hollenbeck at 264-5290 or Jamie Smith, HDM Intake Specialist at 264-5296**

**Suggested Donation is \$3.00 for age 60 and older and \$4.00 for those under age 60**

**Due to product availability substitutions may occur**

**NO SALT ADDED IN THE KITCHEN Milk is served with every meal**

**To reach the Department on Aging office please call 264-5280 between 8:00 a.m. – 4:30 p.m.**

**Remember to call at least 24 hours in advance if you will not be home to receive your meal.**

**Certified by:**