



# JANUARY | 2018

## Lenawee Dept on Aging – Hudson & Morenci

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <i>CLOSED</i>	2 Lasagna Broccoli Tropical Fruit	3 Fish Corn Cherries Roll and Butter	4 Mushroom Steak Mashed Potatoes w/gravy Tossed Salad Fruit	5 Stuffed Pepper Carrots Pears Bread and Butter
8 Chicken Tenders Mixed Vegetables Roll w/butter Plums Cook's Choice Dessert	9 Beef Goulash Tossed Salad Warm Apple w/cinnamon Yogurt w/fruit	10 Beef Fajitas Mexican Rice Black Beans w/corn Fresh Fruit	11 Roast Beef Mashed Potatoes w/gravy Brussel Sprouts Roll and Butter Peaches	12 Sweet & Sour Chicken Brown Rice Peas & Pearl Onions Mandarin Oranges
15 Cabbage Roll Key West Vegetables Dinner Roll Fruit	16 Chicken Salad on Croissant Dill Pickle & Carrot Sticks Chips Apple	17 Ham Scalloped Potatoes Black Eyed Peas Corn Bread Pineapple	18 Meatloaf Mashed Potatoes w/gravy Broccoli Dark Sweet Cherries	19 Chicken Leg Tator Tots Mixed Vegetables Roll with Butter Banana
22 Savory Baked Chicken Mashed Potatoes w/gravy Garden Vegetables Roll w/Butter Fruit Salad	23 Vegetable Beef Soup Salad Roll w/Butter Applesauce Cookie	24 Chipped Beef w/potato Orange glazed beets Dinner Roll Fruited Jello	25 Pulled Pork Sandwich Pea & Nut Salad Fruit Cocktail	26 Chicken Fried Steak w/gravy Cheesy Potatoes Green Beans Apricots
29 Chili Dog Coleslaw Mixed Fruit Cookie	30 Swedish Meatballs Over Rice Carrots Dinner Roll Pineapple	31 Pork Chop Mashed Potatoes with gravy Dinner Roll Tropical Fruit		

**To cancel meals or make changes to your Home Delivered Meal pattern please call**  
**LDA Nutrition Director,**  
**Cassie Hollenbeck**  
**at 264-5290 or**  
**Jamie Smith, HDM Intake Specialist at**  
**264-5296**

**Suggested Donation is \$3.00 for age 60 and older and \$4.00 for those under age 60**

**Due to product availability substitutions may occur**

**NO SALT ADDED IN THE KITCHEN Milk is served with every meal**

**To reach the Department on Aging office please call 264-5280 between 8:00 a.m. – 4:30 p.m.**

**Remember to call at least 24 hours in advance if you will not be home to receive your meal.**

**Certified by:** 