



# AUGUST | 2017

## Lenawee Department on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> <b>CENTER CLOSED</b>	<b>2</b> Spaghetti with Meat Sauce Green Beans Garlic Bread Apple Crisp	<b>3</b> BBQ Pork Chop Rice Black Beans Mandarin Oranges	<b>4</b> <b>CENTER CLOSED</b>
<b>7</b> Beef Lasagna Italian Green Beans Garlic Bread Applesauce	<b>8</b> <b>CENTER CLOSED</b>	<b>9</b> Chef Salad 3 bean salad Bread Stick Pears	<b>10</b> Chicken Fried Steak Mashed Potatoes w/gravy Corn Apricots	<b>11</b> <b>CENTER CLOSED</b>
<b>14</b> Pulled Pork Sandwich Mixed Vegetables Pineapple Cooks Choice Dessert	<b>15</b> <b>CENTER CLOSED</b>	<b>16</b> Salisbury Steak Red Skin Potatoes Garden Vegetables Roll & Butter Tropical Fruit	<b>17</b> Turkey w/ /gravy Mashed Potatoes Peas & Carrots Bread & Butter Cherry Dessert	<b>18</b> <b>CENTER CLOSED</b>
<b>21</b> Beef Stroganoff Glazed Carrots Bread & Butter Watermelon	<b>22</b> <b>CENTER CLOSED</b>	<b>23</b> Chicken Salad on Croissant Dill Pickle & Carrot Sticks Chips Fresh Apple	<b>24</b> Lemon Fish Tator Tots Toss Salad Fruit	<b>25</b> <b>CENTER CLOSED</b>
<b>28</b> Stuffed Peppers Corn Bread & Butter Apples	<b>29</b> <b>CENTER CLOSED</b>	<b>30</b> Ham Rosemary Potatoes Carrot Coins Bread and Butter Pineapple	<b>31</b> Taco Salad Beef/Cheese/Tomatoes Tortilla Chips Fruit Cocktail	

To cancel meals or make changes to your Home Delivered Meal pattern please call  
**LDA Nutrition Director, Cassie Hollenbeck**  
 at 264-5290 or  
**Jamie Smith, HDM Intake Specialist** at 264-5296

Due to product availability substitutions may occur

**NO SALT ADDED IN THE KITCHEN**  
 Milk is served with every meal

To reach the Department on Aging office please call 264-5280 between 8:00 a.m. – 4:30 p.m.

Remember to call *at least 24 hours in advance* if you will not be home to receive your meal.

Certified by:  RD