



JUNE | 2017

LDA Menu – ADRIAN & BLISSFIELD CENTERS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Due to product availability substitutions may occur	NO SALT ADDED IN THE KITCHEN		1 Spaghetti w/meat sauce Italian Green Beans Garlic Bread Pears	2 Chicken Salad on Croissant Coleslaw Peaches ♥
5 Pepper Steak Potatoes w/gravy Fresh Spinach Salad Cherries	6 Deli Turkey Sandwich Tossed Salad Potato Salad Cantaloupe	7 Baked Chicken Rissolo Potatoes Carrot Coins Fresh Fruit ♥	8 Ham Rosemary Potatoes Corn Applesauce	9 Pulled Pork on Kaiser Bun Baked Beans Fruit Cocktail
12 Baked Fish Cheesy Potatoes Mixed Vegetables Mandarin Oranges ♥	13 Turkey Tetrizzini California Blend Veggies Bread Stick Grapes Cookie	14 Tuna Casserole Peas & Carrots Roll with butter Plums	15 PICNIC AT MERCHANTS BLDG. COUNTY FAIRGROUNDS ADRIAN <i>No Home Delivered Meals Center Closed</i>	16 Beef Tips w/gravy over noodles Brussels Sprouts w/crumb topping Bread and Butter Pears
19 Chipped Beef over Potato Normandy Vegetables Tropical Fruit	20 Vegetable Lasagna Green Beans Garlic Bread Jello w/fruit	21 Polish Sausage w/Sauerkraut Wax Beans Apricots Brownie	22 Sweet & Sour Pork Brown Rice Oriental Vegetables Pineapple ♥	23 Chicken Caesar Salad Beets Bread and Butter Apples
26 Full Bodied Cheeseburger w/lettuce, tomato, onion Cucumber Salad Cherries	27 Chicken Nuggets Sweet Potato Tots Mixed Vegetables Applesauce	28 Salmon Rice Pilaf Broccoli Fruit Cocktail ♥	29 Country Fried Steak Mashed Potatoes w/ gravy Squash Fruit Cooks Choice Dessert	30 Macaroni & Cheese Tomato Salad Peas Wheat Roll Fresh Fruit

CARNIVAL FOR SENIORS ON THURSDAY, JUNE 15TH



To cancel meals or make changes to your Home Delivered Meal pattern please call LDA Nutrition Director, Cassie Hollenbeck at 264-5290 or Jamie Smith, HDM Intake Specialist at 264-5296

To reach the Department on Aging office please call 264-5280 between 8:00 a.m. – 4:30 p.m.

Remember to call at least 24 hours in advance if you will not be home to receive your meal.

Certified by: